

# HOJA PALAUTIANA

TERESIAN CARMELITE MISSIONARIES



No. 1 | November 2022

## WELCOME!



Sister María José Gay  
General Animator  
CMT

Resuming this simple publication, "Hoja Palautiana", brings to my memory the congregational magazine Rocío Carmelitano that began its journey in 1929. Its objective is to be a bond of union, to share pastoral criteria and "to make known the founder Francisco Palau in two directions: internal enculturation and propagation of his figure, life and writings, to radiate his devotion and pave the way for his prompt beatification" (History of the Congregation CMT III-1, 27). I cannot imagine what those sisters of the thirties would do if they had the means we have today! Much later emerges, among several publications dedicated to our founder, this simple, informative sheet where there is room to excite with the captivating and prophetic features of Fr. Palau and the simplicity of Sr. Teresa Mira, and where testimonies of graces received through their intercession are shared. With my words I would like to pay homage and express the gratitude of the Congregation to the sisters who for years made possible its publication and dissemination. Today, after an impasse, it returns to our hands and awaits your collaboration to be, with a new face and new languages, what our first sisters already sensed, a space for the dissemination of holiness of life and the dissemination of the spirituality of communion so necessary in this time.

## WALKING WITH PALAUTIAN CARMEL

*We begin again with our Palautiana Leaf with the desire to continue making our saints known: Blessed Francisco Palau, the Venerable sister Teresa Mira and our brothers martyrs beatified on October 13, 2013.*

Holiness, without being an exclusive reality of our Church, is still a call addressed to all of us (Lev 11:45). Each of us must discern our path and bring out the best of ourselves as so many other brothers and sisters have done. The recognition of holiness in the **Catholic Church** comes after a long process of investigation into the lives of the people involved. There are four ways to do this:

1. The way of heroic virtues.
2. The way of martyrdom.
3. The path of exceptional causes, confirmed by ancient worship and written sources, also called "beatification equivalent canonization".
4. The way of offering life, proposed in the motu proprio **Maiorem hac dilectionem**.

In the case of Blessed Francis-

co Palau and Venerable Teresa Mira, their process began from the path of heroic virtues, while the blessed Carmelites Brothers of teaching did so from the path of martyrdom.

Today for the church to declare the sanctify of Blessed Francisco Palau and the martyred brothers there is a need of a miracle through their intercession.

In the case of the venerable sister Teresa Mira, a miracle is needed for her beatification. Hence, the importance and need to continue spreading their lives and praying for their prompt canonization.

We leave you the **Link** where the indications appear on how to share the graces or miracles obtained through the intercession of Francisco and Teresa.



**PRAYER REQUESTING GRACES**

**Almighty and Merciful God!**

We thank you and bless you because you instilled in the heart of Blessed Francisco Palau a singular love for the Church, the mystical body of Christ, you discovered him beauty figured in Mary, and you enlightened him to serve her with prayer and apostolate.

Grant us his prompt canonization in the Church and now the special grace that through his intercession we ask you. Through Jesus Christ our Lord. Amen.



Photograph: Francisco Palau (original) taken in Barcelona. In: Archive General CMT, Rome (Italy)

**A PHRASE FROM PALAU**

**Do you love? What do you love?**

*Where love is, there is the heart; where the heart is, there is all the fullness and strength of your affections; Where these are, there is your whole soul, your thoughts, your powers and senses. (Month of Mary 2, 4)*

**COLLABORATE WITH US**

**Share your experience with us**

Share with us your experience You have three alternatives to communicate with us:

1. - You can write to us at E-Mail:

[causadelossantos@cmtpalau.org](mailto:causadelossantos@cmtpalau.org)

2.- Also by clicking on the following online form:

[bit.ly/cmtgracias](http://bit.ly/cmtgracias)

3.- Or you can download the form to send it by post to "Causa de los Santos CMT", Via Vincenzo Monti 31 B, 00152, Rome (Italy):

[Postal Form](#)

# Francisco Palau y Quer: A gift for the Church

*Reading the writings of Francisco Palau should be a pleasant moment for all those who call ourselves spiritual children of Francisco Palau. There are many topics that we find in them; it is enough to look at their pages to realize it.*

You may wonder where to begin to come into contact with Francis' writings and from what perspective. The most widely read texts, we could well say, are the Month of Mary and the Letters. Then follow other writings for some of difficult reading, as is the case of My Relationships where the queen is the symbolism that weaves her literary style.

To begin or start again, I suggest a rather **sapiential**, reading, that is, a reading that allows you to savor and achieve a greater understanding of the person of Francis; A reading that can awake or revitalize in you the filial relationship with him and that can lead you to an encounter in which you can perceive the beating of his ecclesial heart. You can begin with one of his letters in which he talks about the theological virtues, which are the friends we need to go forward in the itinerary of conversion to the Church. The

experience of these virtues; Faith, hope and love propitiate in us the necessary changes and lead us to total communion with the Church, understood as God and humanity, hence its importance.

Suggested texts: **Letters 37, 38, 67, 74, 81 and 88.**

First, read the letter literally, then place it in context, that is, ask yourself and try to answer:

*What was happening in the life of Francis when he wrote this text?*

*Whom does he write to?*

*How does he express himself?*

*What draws your attention?*

Once this step is finished; go to another step and let you be questioned and affected by the text and ask yourself:

*What does this reading invite me to?*

## TESTIMONY: Small Physiognomies of his Spirit

by Fray Alejo de la Virgen Del Carmen, OCD

"Although he did not write his life (...) It is very true that in his works and in the letters that are preserved there are pieces of

his heart, pieces of his life, small physiognomies of his spirit that is, without a doubt, the best that remains of him ..." "The best praise

that can be made of the Rev. Father Palau is made by himself with his works, with his virtues and with his writings"



Photograph: Teresa Mira (original) In: Archive General CMT, Rome (Italy)

# Teresa Mira: a silent smile

*Sister Teresa Mira was born on September 26, 1895 in Algueña-Alicante, Spain. She joined the Congregation in 1915, professed in 1916, pronounced her perpetual vows in 1921. She lived devoted to the Church until her death on February 26, 1941.*

On December 17, 1996, the Holy Father John Paul II with his signature promulgated the Decree in which he officially declared her Venerable, recognizing her heroic virtues. Our Teresa is a figure who speaks to us of humility, strength, equanimity and so many other virtues that she was working on in her life. This is what Sr. Amparo Comas Ruíz CMT, who died in May 2021, in a prayer wrote to Sister Teresa Mira. Prayer that tells us about her sororal relationship with her:

*“Sr. Teresa teach me to smile, let nothing and no one disturb the peace of my heart. Let me learn like you, Sr. Teresa, to live in humility. You know this cost. The smile always seen with a heart at peace with God and our brothers and sisters. Where have you learnt Sr. Teresa*

*so many qualities if not in your intimate dealings with God in Prayer? I would dare to say that your life was this living in God and for God and through God the love of the brothers. How nice it is to say it! However, Sister Teresa, you lived it, so why don't I do it? Give me a hand, because your sister I am, what you did we can do. We need souls dedicated to love, to that love with a capital letter, souls given like you to the good of souls with generous charity, with a humble attitude and a constant smile ...”*

Following the example of Sister Amparo, may we too cultivate friendship with Venerable Sr. Teresa Mira.

**PRAYER REQUESTING GRACES**

**O God, who takes pleasure in humble and simple souls!**

Glorify your Servant Teresa who made her life ideal to love you without ostentation and give herself for your love to those who encountered her, grant that we may know how to serve and love you like her, without reservation, and now the grace we ask you through her intercession. Through Christ our Lord. Amen.

**WORDS OF THE POPE**



**John Paul II declared:**

“It is certain that the theological virtues Faith, Hope and Charity, both towards God and towards one's neighbor, as well as the cardinal virtues Prudence, Justice, Fortitude and Temperance, and of the other annexes to them, practiced in a heroic degree, of the Servant of God Teresa Mira Garcia (in religion: Teresa of the Child Jesus of Prague), Professed religious of the Teresian Carmelite Missionary Sisters, in the case and as to the effect in question”

**TESTIMONY: Teresa is enveloped in the Holy Spirit**

by Bro. Daniel Eyal Goizueta (Positio, p. 141).

I know as a religious, that maintaining the same state of mind, always and in spite of everything, is very difficult in a community life; However, Sister Teresa, by

the gifts of the Holy Spirit and its fruits that she possessed in fullness, managed to remain equanimous, give herself to everyone equally, with which she knew how

to win the affection of all those of Novelda, even of the most indifferent people in a religious sense.



Photography: Detail of the Icon of the Martyrs of Tarragona (Spain), in Esglesia dels Pares Carmelites

# Let Us Not Forget the Martyrs

by Orlando Carvalho, LP.

*The Carmelite teaching Brothers died on 11 November 1936, they are one of the 522 martyrs of the Church of Tarragona; and were beatified on 13th october 2013.*

Sometimes it seems that we forget the Palautian martyrs. Moreover, it should really be noted that they represent an enormous pain for our family, both because of their bloody death and because with them the possibility of a particular experience of our charism dies. However, at the same time, they are a strong testimony of how far the total surrender to love goes, because without having harmed anyone they were persecuted and shot simply for their faith.

Luís Domingo, Julio, Buenaventura and Isidro represent all categories of the Spanish people, each in the particularity of their lives. And these are just a few of our brothers because, as a result of the spanish civil war, the Carmelite Teaching Brothers' branch disappeared. As a result of the above, there are more martyred brothers, but they have not yet been recognised for their martyrdom.

Among looting, burning of churches and convents, violence against bishops, priests and religious, expropriation of ecclesiastical properties, seclusion of all religious activities within churches, limitation and total control of religious orders, their activities and any public manifestation of the Catholic faith, it seems that these sons of Palau were called to share in their lives the same persecutions that their founder had faced in his time. Just for this, and for many more things that time and space do not allow us to recount, let us not forget the Martyrs.

## REMEMBER...

*Celebrations, memorials and events of our Palautian family to keep in mind.*

07 11 22

LITURGICAL FEAST BL. FRANCISCO PALAU

08 11 22

LITURGICAL FEAST OF ST. ELIZABETH OF THE TRINITY

14 11 22

LITURGICAL FEAST ALL SAINTS CARMELITES

14 12 22

LITURGICAL FEAST OF ST. JOHN OF THE CROSS

17 12 22

REPORT DECLARATION VENERABLE T. MIRA (1996)

29 12 22

BIRTH OF BLESSED FRANCISCO PALAU (1811)

26 02 23

DEATH OF TERESA MIRA (1941)

20 03 23

DEATH OF BL. FRANCISCO PALAU (1872)

02 04 23

PRIESTLY ORDINATION OF F. PALAU (1836)

24 04 23

BEATIFICATION OF FRANCISCO PALAU (1988)

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