



Photograph: Teresa Mira (original) In: Archive General CMT, Rome (Italy)

# Teresa Mira: a silent smile

*Sister Teresa Mira was born on September 26, 1895 in Algueña-Alicante, Spain. She joined the Congregation in 1915, professed in 1916, pronounced her perpetual vows in 1921. She lived devoted to the Church until her death on February 26, 1941.*

On December 17, 1996, the Holy Father John Paul II with his signature promulgated the Decree in which he officially declared her Venerable, recognizing her heroic virtues. Our Teresa is a figure who speaks to us of humility, strength, equanimity and so many other virtues that she was working on in her life. This is what Sr. Amparo Comas Ruíz CMT, who died in May 2021, in a prayer wrote to Sister Teresa Mira. Prayer that tells us about her sororal relationship with her:

*“Sr. Teresa teach me to smile, let nothing and no one disturb the peace of my heart. Let me learn like you, Sr. Teresa, to live in humility. You know this cost. The smile always seen with a heart at peace with God and our brothers and sisters. Where have you learnt Sr. Teresa*

*so many qualities if not in your intimate dealings with God in Prayer? I would dare to say that your life was this living in God and for God and through God the love of the brothers. How nice it is to say it! However, Sister Teresa, you lived it, so why don't I do it? Give me a hand, because your sister I am, what you did we can do. We need souls dedicated to love, to that love with a capital letter, souls given like you to the good of souls with generous charity, with a humble attitude and a constant smile ...”*

Following the example of Sister Amparo, may we too cultivate friendship with Venerable Sr. Teresa Mira.

### PRAYER REQUESTING GRACES

**O God, who takes pleasure in humble and simple souls!**

Glorify your Servant Teresa who made her life ideal to love you without ostentation and give herself for your love to those who encountered her, grant that we may know how to serve and love you like her, without reservation, and now the grace we ask you through her intercession. Through Christ our Lord. Amen.

### WORDS OF THE POPE



#### John Paul II declared:

“It is certain that the theological virtues Faith, Hope and Charity, both towards God and towards one's neighbor, as well as the cardinal virtues Prudence, Justice, Fortitude and Temperance, and of the other annexes to them, practiced in a heroic degree, of the Servant of God Teresa Mira Garcia (in religion: Teresa of the Child Jesus of Prague), Professed religious of the Teresian Carmelite Missionary Sisters, in the case and as to the effect in question”

## TESTIMONY: Teresa is enveloped in the Holy Spirit

by Bro. Daniel Eyal Goizueta (Positio, p. 141).

I know as a religious, that maintaining the same state of mind, always and in spite of everything, is very difficult in a community life; However, Sister Teresa, by

the gifts of the Holy Spirit and its fruits that she possessed in fullness, managed to remain equanimous, give herself to everyone equally, with which she knew how

to win the affection of all those of Novelda, even of the most indifferent people in a religious sense.