

SISTER TERESA MIRA: TEACHER OF LIFE AND HOPE

Teachers teach us through what they say and do. We learn from their teachings, but above all, from the way they live.

Holiness, like happiness, is an interior work that is seen on the outside. Sister Teresa made her life a continuous act of love, a love constantly received from God permanently and given to every person she met. "She would do anything to please others... Her charity knew no bounds... In her giving she made no distinctions." (Positio Sumarium, 42)

Throughout her whole life she knew how to accept with love whatever God gave her. She always managed to make those who came to her happy; everyone who encountered her came away edified, happy, hopeful: "to see her was to draw closer to God and to forget all that was outdated [...]. All the setbacks of war she endured with joy and holy resignation." (Positio Sumarium, 16)

The challenges of her life made her understand that it is not the circumstances that really matter, but rather how we decide to face them.

Thus Teresa teaches us to Live with a capital L, giving importance to what is essential, living in fullness, simply being what we are called to be, gradually becoming that which we truly are: Church. From her we can learn that true strength is not measured by what we can do, but by what we can give. Our greatness lies in having an open and welcoming heart, always ready to help those in need.

*Sis. Sabina González Forner,
CMT.*



PRAYER REQUESTING GRACES

O God, you take
delight in the simple
and the pure of
heart!
Glorify your servant
Teresa
whose ideal in life
was to love you
with unassuming
dedication,
and to give herself
for love of you to all
whom she met.
Give us the grace to
love you as she did,
without reserve,
and the favor we
now ask through her
intercession.
Through Christ Our
Lord.
Amen.

WITNESS: She showed an unlimited hope in the Lord

for Fuensanta Belló Moya, Super Virtutibus, Sumarium, p. 116.

She showed an unlimited hope in the Lord. I was able to see this especially during the war. In any adverse circumstance she made us turn to the Lord. I remember one occasion when we were very worried about what might happen, Teresa said to us: "We are poor creatures and our Lord has all the graces. And He has them to give away; He is only waiting for us to ask Him for them with humility.